

SATYARADHANA, Institute of Performing Arts, directed by Dr. Francis Barboza, is a school for Bharata Natyam, with classes in New Jersey, Connecticut and New York.

Dr. Francis Barboza, a talented exponent of the classical dance form of Bharata Natyam, has carved a special niche for himself with his innovative efforts to expand the scope of this art form beyond the boundaries of religion. Francis began systematic training in Bharata Natyam under the noted Guru Madhyastha of Mangalore and Guru Radhakrishnan of Trichy. During his college at the M.S. University of Baroda he was privileged to study under several eminent teachers, Guru Kubernath Tanjorkar, Guru Smt. Anjali Mehr, Prof. C.V.Chandrasekhar, Guru Pradeep Baruah, and Guru Mrs.Nargis. Dr. Barboza received his Bachelor and Master degrees in Dance (Bharata Natyam) as well as a PhD in Performing Arts (Bharata Natyam) from the M. S. University of Baroda. His Doctoral dissertation was published as a book, "Christianity In Indian Dance Forms", in 1990. The hand gesture or Mudra presented in this Brochure representing Mother Mary is from this book.

Dr. Barboza has the unique distinction of being the only dancer worldwide who gives full recitals on both Hindu and Christian themes. His creative presentations include imaginative and innovative dance recitals, dance ballets, audio-visuals and VHS videos.

Dr Barboza has numerous research articles and papers and over 1000 performances given in 25 countries.

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**"In the Cosmic Dance of Life. Let my footsteps echo Thine.
May Your gentle rhythm of Love Infuse this heart of mine"**



SATYARADHANA
Institute of Performing Arts
USA

Presents

NRITYOTSAVA 2015

**One God,
Many Names**

14th June 2015

5.00.p.m

Chief Guest: Dr. Nalini Rao

**Krishna Temple Auditorium
215 May street Edison 08837 NJ, USA**

Lighting the Lamp

Asatoma Satgamay
Tamasoma Jyothirgamaya
Mrityoma Amritamgamaya

From Untruth lead us to Truth
From darkness lead us to Light
From Death lead us to Immortality



Music taken from Dr. Barboza's dance Ballet
Asatoma Satgamaya

Pushpanjali & Todayamangalam



Ragamalikai Talamalikai

Performers: Jeeno Joseph, Sumathy Kumar & Mridula Karthikeyan

Pushpanjali is an invocatory item of the Bharata Natyam Recital where the dancer offers flowers to God and asks for blessings on the performance, audience and her or himself.



Todayamangalam is in praise of the many incarnations of Lord Vishnu. He is praised as Rama the compassionate husband of Janaki. He is also praised as Krishna the destroyer of the demons Madhu and Mura. Vishnu is invoked in the form of Narsimha and Venkatesha. This is a beautiful composition by several Vishnu devotees including Badrachala Ramedas Swamigal, Sri Annamacharya Swamigal and Vijay Gopala Swamigal.

Sloka: Annunciation

Lyrics: Prof. P.C. Devasia

Ragamalika Talamalika

Music: Prof. C.V. Chandrasekhar

Performers: Sherin Meledathu & Sruthi Edison



This Sloka is based on the book Kristubhagavatam by Prof. P.C. Devasia. It depicts the story of annunciation where Virgin Mary is told by Angel Gabriel that she is going to give birth to the Son of God (Jesus). As Virgin Mary dances to the Lord, all of a sudden she finds a strange and bright light in front of her. Angel Gabriel stands before her and delivers the Divine message to her that she is to give birth to a Child. Mary is frightened and says that she has not known any man! It is not possible! To this the Angel tells her that she will be conceived by the power of the Holy Spirit and she will call the Child by name, Jesus. Mary rejoices with a joyful dance - the prayer of Magnificent and finally imagines baby Jesus in her hands.

Chief Guest: Dr. Nalini Rau

Dr. Nalini Rau is a dancer, choreographer and teacher of Bharata-Natyam from the lineage of Gurus Dakshiamoorthy Pillai, Dandayudapani Pillai and Minakshi Sundaram Pillai. Nalini has been teaching dance with a passion in Westchester since 1993. She offers students a depth of dance experience: she regularly performs and teaches in universities, schools, museums and theaters, and has trained over 150 dancers. Her doctorate in Linguistics, and study of Indian philosophy and mythology lend depth to her



classes, while her joy in dance infuses fun in the learning process. Nalini encourages students to perform in annual Natya Anubhava recitals, community events, and fund raisers for worthy causes. She hosts leading artists and offers workshops to students. Her students have performed with her in dance ballets such as Naari, Jivan, Dashavatara, Krishna, Gita Govinda, Govia Kate, and Saraswathi. Nalini has partnered with leading artists to explore new and traditional themes, to compose and create music scores for dance ballets and traditional repertoire. This gives her students a wide repertoire to explore the art. In her classes Bharata Natyam becomes a way to bring the body, mind and the soul together in a beautiful dance.



Mangalam

Dashavatara Mangalam
Raga: Madyamavati
Composer: Purandardasa.

Talam: Adi

Performed by all the dancers

Mangalam, Jaya Mangalam Mangalam nithya Shubha Mangalam

Let there be good, Victory to the wish that all should be good,
Let there be good, Wishes for that good to be there daily.
For each and every form, for the divine joy,
For the Vittala of Purandara let there be good.



Announcing Upcoming Aradhana Dance Recitals (Arangetram)

Puja Patel, Anjali Kumar & Ashka Vaidya.

12th, July, 2015, 4.30 pm at Franklin L. Williams School Auditorium
222 Laidlaw Ave, Jersey City NJ 07306

Mridula Kartikeyan

18th July 2015 at Liberty Auditorium , West Orange NJ

Ann Maria Albert

22 nd August 2015 At Liberty School Auditorium West Orange NJ

Credits

Choreography & Direction:

Light & Sound:

Master of Ceremony:

Stage:

Poster & Brochure design:

Brochure Sponsors:

Drawings of Hindu Gods in Brochure by Ilona Ellinger from her book
“Hindu Divinities” Trafford Publishing.

Dr. Francis Barboza

Shri Chetan Hebbar

Lorraine Mundanchira

Subha Sundaram

Subha Sundaram

Kumar Family

Slokam and Kirtanam on Lord Visnu

Slokam: Sri Ranganathashtakam

Composer: Sri Parasara Bhattar

Performers: Theyjasvi Ashok & Sajana Mathew

Let my mind revel in Him, in whom goddess Lakshmi lives, who is the abode of the universe. Who lives in the lotus of our heart, who lives in the face of the Sun. who is the abode of mercy, and who lives where good conduct lives.

Kirtanam : Venkatachala Nilayam **Composition:** Purandara Dasaru
Ragam: Sindhubhairavi **Talam:** Adi
Language: Sanskrit

Lord Vishnu who lives on the Venkata mountain and Vaikunta, is divinely pure and has lotus like eyes and holds conch and the wheel. He who is worshipped by Brahma and has innumerable names and characters. He also enjoys music by Narada and Dumburu. The Gopala who is like the God of Love wears golden ear studs. The Purandara Vittala who looks after his devotees and protects them.



Varnam

Ragam: Shanmukhapriya

Lyrics: Adi Shankaracharya From Bhajagovindam

Music: Shri Sethumadhavan

Talam: Adi

Performers: Anita Mampilly, Ashley Joseph , Anjali Kumar, Ashka Vaidya & Puja Patel

Varnam is the major item of the whole dance recital in Bharata Natyam style. Here, all the three components- raga (music or melody) bhava (expression) and tala (time measure) of dance are artistically inter-woven. This Varnam depicts different stages in the life of a human being. *Childhood is spent in playful attachments . Youth is spent by attachment to the other (woman Or man) & old age passes away by worrying and thinking over many past things. With Parabrahman (God) there is hardly anyone who wants to spend time . Again birth, again death, again into mother's womb to stay! It is indeed hard to cross this boundless ocean of samsara! Through Thy abundance of mercy, Redeem me Oh Murari (Krishna).* The poet says, *Worship Govinda Oh foolish people.* When death comes nothing will save you, not even rules of grammar or knowledge or wealth! Worship God, Worship Govinda and save yourself .



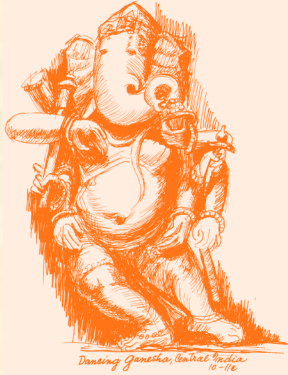
Padam

**Ganapathi Bhajan : Prabho Ganapathey
Talam : Adi**

**Ragam: Tillang
Language : Tamil**

Performers: Sumathy Kumar, Stefani Mathew & Theyjasvi Ashok

People who worship Lord Ganesha with flowers will have good command of words and knowledge, good heart and mind, the blessings of the Goddess of wealth and prosperity, Goddess Lakshmi and good health. Lord Ganapathi , Bless us with perfect and complete life. Together let us sing and dance to the Lord of prosperity who will bless us now and always. We search for you everywhere forgetting that you reside in our heart, oh who is great and strong like the thousands of mighty elephants. Son of Parvathi , who always redeems your devotees oh, bright faced Lord. You are beginning of the beginning, Lord of the gods remover of the obstacles and the light (son) of Shiva , Bless us.



Kirtanam On Devi (Nili)

**Arukkum Adangada Nili
Talam: Adi**

**Ragam: Begada
Composer :Muthiah Bhagavatar**

Performers: : Niranjani Venkateshwaran & Jeeno Joseph

This Song begins with Invocation of the Mother Goddess, portraying her fierce forms (Neeli and Kali) Then it goes on briefly to praise Lord Shiva and ends with a prayer to Lord Vishnu. Oh mother Neeli, one who could not be controlled by anyone, Kali, one who dances in Ponnambalam, the golden sanctum sanctorum of Lord Shiva. The wife of Shiva who conquered the Supreme (in this world), the one who is mysterious even to the Vedas. Let us sing the praise of Lord Anantha (Vishnu), and light soft bright light in the sanctum sanctorum of Paranthaman, Let us kick karma so that our bondage is freed! Let the Lord Paranthaman protect us –the people of HariKेशa Nagar (the composer Mutthaiah Bagavathar's village) meaning the whole world.



Kirtanam on Lord Shiva

Bhoo Sahmboo

**Talam: Adi
Composer :Shri Dayananda Saraswati.**

Ragam: Revathi

Performers: Kruti Raman, Lisa Thottumari & Ann Maria Albert



The item starts with the depiction of Panchabhuta (five elements) from which the universe is made: rain, water, earth, air, fire and ether (akasha). Lord Shiva is considered to be the Panchabhuteshwara. Lord of the five elements.

Hail , oh Lord Shambhu, one who "self" appeared, source of Ganges, Shankara, oh merciful lord who redeems me from this ocean of sorrow, samsara ! You are without gunas, one who is beyond time, past, present and future, beyond all things finite, oh infinite, blissful, wondrous, ever the same Linga. You are worshipped by the great sages , You are the Lord, the beginning and end of everything!!!

Address by Chief Guest: Smt. Nalini Rau

Vote of Thanks: Niranjani Venkateshwaran

Thillana

**Ragam: Dhanasri
Composer: Swati Thirunal**

Talam:Adi

Performers: Lisa Thottumari, Sajana Mathew , Stefani Mathew , Kruti Raman, Ann Maria Albert, Anita Mampilly & Ashley Joseph

Thillana is the concluding item of the recital, is an exquisite composition in pure Nritta, where beautiful rhythmic patterns and sculptural poses are exhibited. This composition is in Hindi and is on Lord Padmanabha, the personal god name used in his writings by the composer. The maidens are dancing to the sound of music . Oh! Padmanabha! Everything is your sports-LILA! Oh My beloved! Please come and dissolve all my miseries.

